

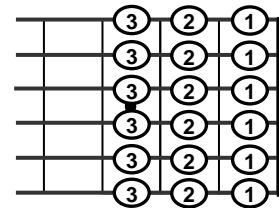
Intermediate Lessons – Picking Exercise 3

Guitar players want to play fast and accurate, but most beginning guitar players do not take the time to learn proper picking techniques. Yes, your “Fret” hand has to be fast, but if your “Pick” hand cannot keep up with your fret hand, then your “speed and accuracy” will suffer. Use this “basic” picking exercise to get your right and left hands conditioned (in sync). Don’t neglect the picking hand!

Picking Exercise #3: “Down/Up/Down – Up/Down/Up”

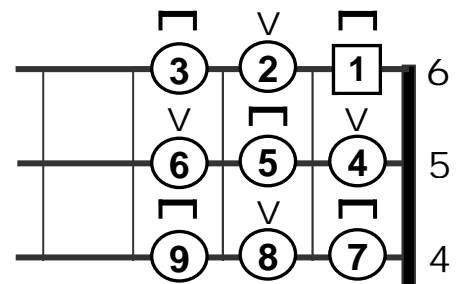
This 3-note picking exercise will be more difficult than the previous exercises. Again, the order in which you play the notes are on the diagrams below, the proper fret hand fingers to use are shown to the right.

Fret Hand Fingering #3

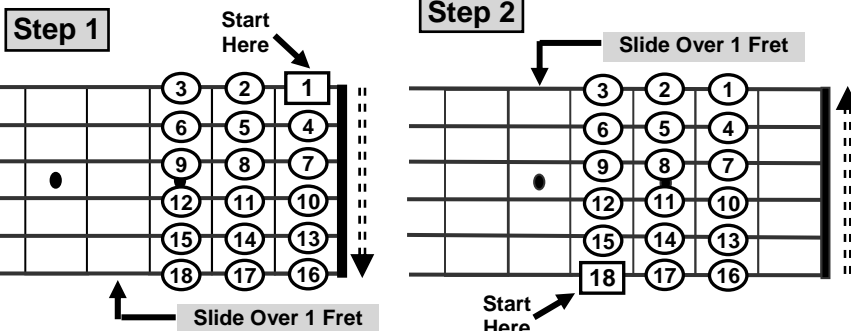


On your Fret hand simply use the finger that corresponds to the number shown on the diagram.
 1 = 1st finger
 2 = 2nd finger
 3 = 3rd or middle finger (pinky finger-not used)

Exploded View of the top 3 strings



As shown above (Exploded View) – Pick the first note (1) down, the second note (2) up, the third note (3) down, the fourth note (4) up (a little tricky), the fifth note (5) down, the sixth note (6) up (and so on).



This type of picking sequence can be very tricky because it changes for each string. Start on the 1st fret of the 6th string (1). Pick the first note (1) down, the second note (2) up, the third note (3) down, the fourth note (4) up (a little tricky), the fifth note (5) down, the sixth note (6) up, the seventh note (7) down (also a little tricky), and so on... Once you get to the bottom, slide over one fret and start back up. Pick the first note (18) down, the second note (17) up, the third note (16) down, the fourth note (15) up, the fifth note ((14) down, the sixth note (13) up, the seventh note (12) down, and so on...Go all the way down to the 15th fret, and all the way back to the 1st fret.

Note: Keep the exercise going all the way down to the 12th fret and back up to the 1st fret. Make sure you get a good, clear sound from each note – start slowly, the speed will come... Remember – You can’t play it Fast, if you can’t play it Slow!

Check out our Music Store for our publication “The 5 Lesson Method – Part 2” (Booklet and CD that has Video clips, handouts, pictures, etc). Feel free to share this picking exercise with other guitar players, and be sure to let them know about the AVCSS Guitar World Website at www.avcssguitarworld.com

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